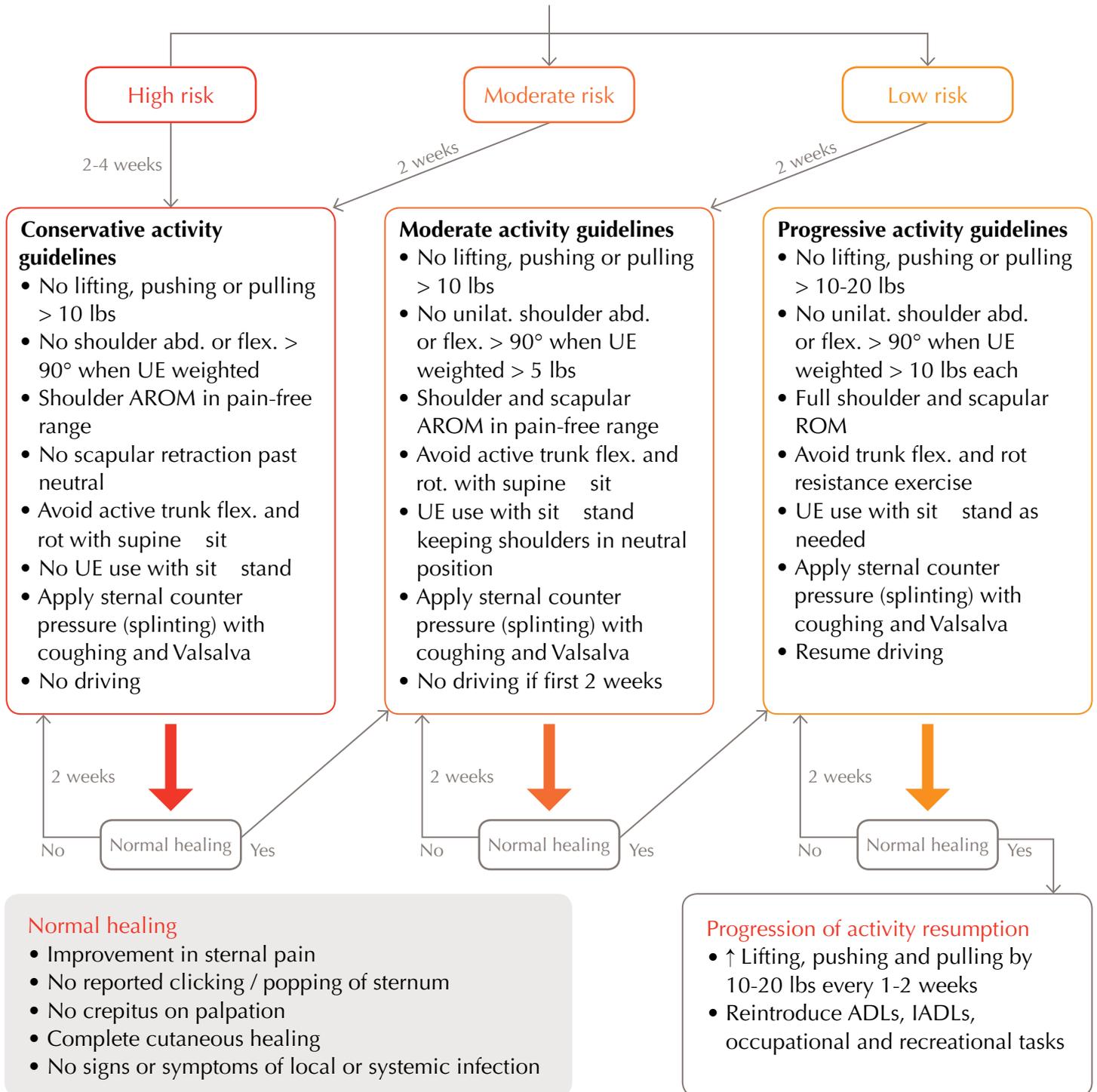


# Sternal precautions algorithm

**Risk of sternal complications**  
Number of primary and secondary risk factors  
Sternal Instability Scale Score<sup>25</sup>  
Patient characteristics / Clinical profile



Source: Cahalin LP, LaPier TK, Shaw DK. Sternal precautions: Is it time for a change? *Precautions versus restrictions— a review of literature and recommendations for revision. Cariopulm Phys Ther J.* 2011;22(1):5-15.